



## ENGLISH

**BEFORE USING THE DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THE DEVICE.**

### INTENDED USER PROFILE

The intended user should be a licensed medical professional, the patient or the patient's caregiver. The user should be able to read, understand and be physically capable of performing the directions, warnings and cautions in the information for use.

### INTENDED USE/INDICATIONS

Donjoy Oteostap is designed to provide support, stabilization and partial immobilization (restriction of movement) of the spine.

- Postural dysfunction associated with Parkinson disease
- Traumatic fractures
- Osteoporosis
- Stable vertebral fractures
- Osteoarthritis
- Hyper-ophosis dorsal
- Fabriceus weakness

### Performance characteristics

Compression: Provides mild compression of limb or body segment through elastic constriction.  
Support: Soft, good/Semi-rigid designed to restrict motion through elastic or semi-rigid construction.  
Immobilization: Providing immobilization to controlled movement of the body segment.  
Protection: Providing mild protection of the body segment for acute and prophylactic care.

### CONTRAINDICATIONS

Pregnancy and circulatory, pulmonary, cardiovascular or skeletal conditions which pose risk to be made worse as a result of compression of the abdomen and/or pressure, unstable, displaced fractures.  
Do not use if you are allergic to any of the materials contained within this product.

### WARNINGS AND PRECAUTIONS

This product is intended for single patient use only. We recommend that the first application be made under supervision of a health care professional. Contact your health care provider if you are in doubt about the application. Do not use the device near or open flames. The frequency and duration of use should be determined by your health care professional. Do not use the device to vary sensitive skin may cause redness or irritation. Immediate medical attention is needed in case of intolerance. Do not fit the Donjoy Oteostap too tightly, as this could lead to local pressure symptoms. Do not apply to open wounds.

Patient experiences any pain, swelling, sensation changes, or any unusual reactions while using this product, consult your healthcare professional immediately.  
**Note: Contact manufacturer and competent authority in case of a serious incident arising due to usage of this device.**

### ASSEMBLING, FITTING AND APPLICATION INSTRUCTIONS

The product is designed to be worn during normal everyday activities. It can be worn over a T-shirt.

The medical advisor/orthopedic technician will explain the application of this back brace and make all adjustments necessary for a proper fit.

**10.** Both shoulder straps need length adjustment after identifying the ideal length in correspondence with your body dimensions.

**11.** Use the fuses that you see in the Donjoy Oteostap to make a longer strap for a utilization simple, coupee les deux bretelles à la bonne longueur. Portez l'attache dorsale quelques jours avant de couper les bretelles à la bonne longueur. Les attaches des crochets sont marquées de symboles pour aider à faire les sangles dans le bon ordre.

**12.** Attach a couple of days before you begin the steps to lengthen the back brace.

**13.** How to assemble the dorsal frame with the shoulder straps to the front of the pocket.

**14.** How to assemble the modular back brace.

This back brace is formed of 2 parts: the lumbar belt with tension strap and the dorsal frame with shoulder straps. Both parts are fixed together to accommodate different body dimensions, spine length and waist circumference. Your medical advisor/orthopedic technician will put both part together before application and cutting the shoulder straps to length.

**HOW TO ASSEMBLE THE DORSAL FRAME WITH SHOULDER STRAPS TO THE LUMBAR BELT**

1. Attach the dorsal frame to the lumbar belt with the fuses. Fixez les bretelles à la ceinture lombaire.

2. Attach the lumbar belt to the lumbar frame with the fuses. Attachez la ceinture lombaire à la structure dorsale avec les bretelles. Les deux parties sont assemblées pour s'adapter aux différentes dimensions de la ceinture et de la longueur de la colonne vertébrale et au tour de taille. Veuillez consulter le manuel d'instructions orthopédiques et les deux parties avant l'application et couper les bretelles à la longueur souhaitée.

**3.** Open the distal border of the pocket in which the dorsal frame is placed and fix the horizontal loop strap (4) of the lumbar belt to said strap connector. (4) is the pocket of the dorsal frame. Do not use the dorsal frame is kept in the pocket (6) and fixed freely to the lumbar belt.

**4.** Fix the two Y-tabs (7) in the crossing shoulder strap ends (8).

**FOR AN INDIVIDUALIZED FIT**

For an individualized fit, support and functioning, the medical advisor/orthopedic technician can bend the aluminum dorsal frame to suit your curvature. L'aluminium support peut être courbé à la courbure de votre dos.

**APPLICATION OF THE BACK BRACE**

1. Open the lumbar belt and loosen all straps.

2. Pull both shoulder straps ends of the tension straps (\*\*) and both Y-tabs of the shoulder straps left and right on the lumbar belt.

3. Put your arms as a back pack through the loops made for the crossing shoulder straps.

4. Secure the lumbar belt around your waist (\*\*).

5. Fix the lumbar belt firmly around your waist by pulling on both lumbar belt tension straps (\*\*) and fixing them anteriorly (6) on each shoulder strap fixations (\*\* Y-tab) and pull at the same time on both straps until you feel enough backward traction on your shoulders.

6. Repeat step 5 until the desired backward traction on both shoulders is achieved.

7. Fix the shoulder strap fixations (\*\* Y-tab) in the front area of the lumbar belt, within reach for easy adjustments. The pulling tension of the shoulder straps can be easily adjusted to patient needs during daily activities.



### CLEANING INSTRUCTIONS

The aluminum dorsal frame should be taken out of the brace during the lavage. Veuillez vérifier que vous retirez le renfort après le lavage dans la poche de rangement et que la forme soignée la courbe de votre colonne vertébrale.

8. Repeat step 6 until the desired backward traction on both shoulders is achieved.

9. Fix the shoulder strap fixations (\*\* Y-tab) in the front area of the lumbar belt, within reach for easy adjustments. The pulling tension of the shoulder straps can be easily adjusted to patient needs during daily activities.

10. Repeat step 7 until the desired backward traction on both shoulders is achieved.

11. Repeat step 8 until the desired backward traction on both shoulders is achieved.

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